

Blueberry Pancakes

Joanna Abel

Ingredients

Wet:

2 Eggs

1 tsp Coconut Oil

¼ cup Almond Milk or milk of your choice

Dry:

1 cup Almond Flour

½ tsp Baking Powder

1 TBS Stevia

Blueberries

Olive Oil or oil of your choice

1 tsp Kerrygold Butter

Honey or Maple Syrup

Nonfat, Greek Yogurt

Mix dry ingredients

Mix wet ingredients

Gently fold wet and dry ingredients together and mix

Put oil in pan and heat on medium, add butter, when melted add pancake batter to the pan, add the blueberries to the pancakes, cook both sides until browned

Top with honey and a dollop of yogurt

Garnish with berries

Makes about 6 pancakes